

# SCARSDALE

february 2006

magazine

## YOUR ULTIMATE **DINING** GUIDE

HOW TO BEAT  
THE WINTER BLUES

LIFE COACHES  
COME TO TOWN

+

REAL ESTATE  
FLIPPING, FAMILY-  
FRIENDLY ESCAPES,  
FUN EXERCISES  
NEAR YOU & MORE!



## Dressing on the Side

The Metro Deli aims to please. • by jeanne muchnick



Salads are a big draw at Metro. We love the chef salad (above), the Corfu, and the house.

Scarsdale is to salads what hot dogs (think Walter's) are to Mamaroneck. Which is why we can't help but applaud the recently opened Metro Deli, where there's a separate listing for "Diet Delights" underneath "Metro Salads," and "Cold Salad Platters." What's the difference? Not much, save for a lack of potato salad and low-cal dressings (though, this being Scarsdale, waiters are used to people asking for those on the side). The point is: This deli knows its audience and aims to please. Prefer substituting hard-boiled egg and cucumbers over cole slaw with your tuna? Done! Want extra chicken on your Corfu salad, minus the olives? Again: No prob.

Owned by the same folks who own The Scarsdale Metro, this younger sibling is more deli than diner and is decorated in a welcoming, old-fashioned way. I particularly like the black-and-white photos of the area that line both the walls and the menu.

There's a photo of Scarsdale Avenue, dating to 1898; downtown Scarsdale, circa 1904; the railroad station, from 1907; and the first Scarsdale school house, labeled 1905. With its array of cozy brown booths and tables on one side and a deli counter on the other, this restaurant screams efficiency. Take-out service is swift and encouraged. As icing on the cake; there's even easy-access parking—no quarters required! Already, this place feels like it's been in the neighborhood for years, not months (it opened this past October), and seems to turn over tables quickly, yet without waiters hovering over and rushing you. (I personally like it when they place the check on the table after you've ordered coffee so you don't have to ask.)

And while salads are a big part of their menu, they're not the only part. Burgers (including a veggie burger, turkey burger, and buffalo burger) are popular, as are wraps, triple-decker club sandwiches, bagels with

assorted toppings, omelettes, and paninis. Plus, breakfast is served any time (and trust us: The challah French toast is amazing!). There's also a separate children's menu with "the usual"—chicken fingers, grilled cheese, hot dogs, burgers, mozzarella sticks, and spaghetti. For the most part, portions are big. But at an average of \$10 per entrée, they should be. Lunch for two (two salads and two decaf coffees) came close to \$30—not cheap for an hour-long quickie, but filling and enjoyable, nonetheless. My only complaint? I would have liked some crispy kosher pickles sitting on the table upon arrival, the way a true deli used to be before we all started calorie counting. The fact that the restaurant observes diner-style hours (open 7 a.m. on Sunday!) makes it the kind of place that caters to everyone: young families, seniors looking to meet for a nosh and coffee, ladies who lunch, teenagers who like to hang, and those in search of comfort food. **\$**

### the dish

**Metro Deli**  
4 Palmer Ave.; Scarsdale  
472-4760

**Hours:** Mon.-Sat. 6 a.m.-8:45 p.m.;  
Sun. 7 a.m.-8:45 p.m.

**Reservations:** No.

**Parking:** In the adjacent lot.

**Lunch for two:** \$30.

**Kids:** Yes. But no coloring books or crayons. Bring your own.